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Von Tony Huston

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Von Tony Huston : The Big Wig: The Gut-Busting Weight-Loss Quest of Wiggy Higgins (English Edition)
before purchasing it in order to gage whether or not it would be worth my time, and all praised The Big Wig: The Gut-Busting Weight-Loss Quest of Wiggy Higgins (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Very touching love story!Von i-tpfelchenI loved the main character and his strong personality. The supernatural stuff could

have been left out or cut short but the story was really moving.

Kurzbeschreibung After surviving a bizarre near-death experience, lonely flesh-planet Wiggy Higgins launches a gut-busting quest to lose weight fast and find his true love before life passes him by. Tortured by an overzealous personal trainer who becomes his best friend, the Big Wig trades his deep-fried foods and sci-fi movies for the Paleo Diet and CrossFit, battling himself and his peers in an office rife with naughty temptations. Unfortunately, his mission is no secret. Forced into the spotlight by a sizzling-hot boss with a motive, Wiggy is swept up in a typhoon of unwanted fame. Old friendships are tested; unlikely unions are forged; new enemies emerge it seems not everyone wants the Big Wig to succeed. And just when he thinks hes getting a grasp on his challenging new lifestyle, he encounters the woman of his dreams, and all bets are off. Heart-wrenching, inspiring, and laugh-out-loud hilarious, The Big Wig is the chocolate cake of weight loss storiestake one bite and youll eat the whole thing! Kurzbeschreibung After surviving a bizarre near-death experience, lonely flesh-planet Wiggy Higgins launches a gut-busting quest to lose weight fast and find his true love before life passes him by. Tortured by an overzealous personal trainer who becomes his best friend, the Big Wig trades his deep-fried foods and sci-fi movies for the Paleo Diet and CrossFit, battling himself and his peers in an office rife with naughty temptations. Unfortunately, his mission is no secret. Forced into the spotlight by a sizzling-hot boss with a motive, Wiggy is swept up in a typhoon of unwanted fame. Old friendships are tested; unlikely unions are forged; new enemies emerge it seems not everyone wants the Big Wig to succeed. And just when he thinks hes getting a grasp on his challenging new lifestyle, he encounters the woman of his dreams, and all bets are off. Heart-wrenching, inspiring, and laugh-out-loud hilarious, The Big Wig is the chocolate cake of weight loss storiestake one bite and youll eat the whole thing! ber den Autor und weitere Mitwirkende Tony Huston lives near Houston, TX with his wife, daughter, and four furry dependents. He enjoys biking, nerding out, and cheating on his diet.